

B6-600 - Breakout 2 F Shoot - D Point Shot – College

Key Points:

Make hard passes, give a target, keep skating while making plays, skate between dots with the puck, follow shots for rebounds, stop at the net, screen.

Description:

Start at both ends with players on each side of the net and pucks in all four corners.

- 1 – D1 start by skating up and back get a puck and bank pass behind the net to D2. D1 goes to the corner.
- 2 – D2 pass to F1 breaking along the boards.
- 3 – F2 skates to the big ice between the dots and pass to F2. D2 follow then circle back to the corner.
- 4 – F2 skate down and shoot then skate to corner. F1 skate around the middle circle for a pass from D2.
- 5 – D1 bump a puck to D2 who skates between the dots and pass to F1 who skates down ice and shoots.
- 6 – D2 then follow the play up the ice and get a pass from F2 in the corner then drag and shoot – F1-F2 screen.

<http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=2&s=20181009160149782>

https://youtu.be/_x8QjfCydsw

