

## C3-C6 Point Shot 2-2 – Pro

### Key Points:

Give a target, defense box out and take sticks in front, attackers screen and tip. Isolate a wide D on the attack. Attack with speed. Go hard to the net.

### Description:

1. Coach 1 pass to D1 across to D2 who shoots.
2. F1-F2 swing into the zone from the neutral zone and get a pass from Coach 2.
3. F1-F2 attack vs. D1-D2 and battle until the whistle.
4. D2 and D4 follow to the point and get a pass from Coach 1, D to D and shoot.
5. F1-F2 battle D1-D2 in front as D3-D4 take a point shot.
6. F3-F4 swing down and get a pass from Coach 1 and attack 2-2 vs. D3-D4.
7. Continue this flow.

<http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20141205100406830>

<https://youtu.be/9kinyEp-Xuo>

