

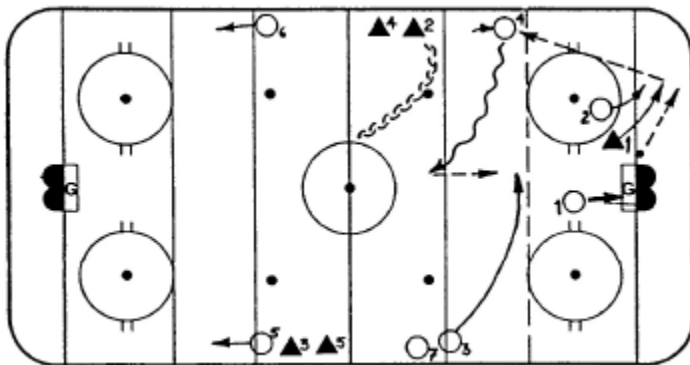
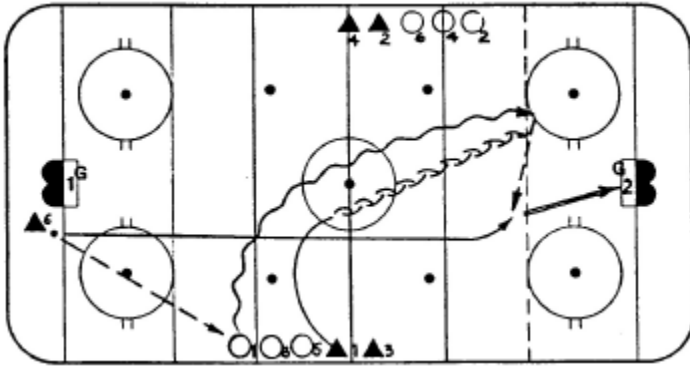
Full-ice 2-1 Game to Teach Transition from Defense to Offense

Key Points:

- O1 to score a goal and to start backchecking (only to offensive blue line)
- D1 to win the puck, to breakout with O2 and to support O2 in 2-1 against D2

Description:

1. D6 starts the drill behind the goal line by giving breakout pass to O1.
 2. D6 supports O1 to attack 2-1 against D1 to above ringette line
 3. D1 start at the same time as O1, pivots at the red line and plays 2-1 against D6 and O1
 4. after direct attack, O1 plays 1-1 against D1 below the ringette line
 5. if D1 wins the puck, he passes to O2 and supports O2 to attack 2-1 against D2
- after save or goal goalie passes to D1, who gives breakout pass to O2
 - coach can end the 1-1 after 20s if needed



Variation to this full-ice 2-1 transition game with regroup in the NZ – diagrams on PDF.

