

DT400 2 on 2 with Passive Support

Key Points:

Supporting players follow the play and position themselves as if they were covering the point and then getting open for a breakout pass. It is important that the new defenders follow the play up the ice and close the gap in the neutral zone.

Description:

1. Players line up behind the blue lines on each side.
2. Offensive 1 and 2 go vs defenders 1 and 2
3. Defenders 3 and 4 follow the play into the zone and support as wingers would.
4. Offensive 1 and 2 must attack quickly.
5. After a goal, frozen puck or breakout pass 3 and 4 skate to the far blue line and turn to attack the original offensive 1 and 2.
6. Two players leave to support the defending team.
7. Continue this flow.

<http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20120224091730987>

